Exhibit H

Orlando L. Blanco

From: Orlando L. Blanco

Sent: Tuesday, February 28, 2023 1:17 PM

To: Hofmann, Tracy L

Subject: RE: Sugar Land ENT/Joseph Spinks GFL Health & Welfare Benefit Plan.

Ms. Hoffman, we still have not received the payment referenced in your earlier email. As we are now quickly approaching March, I would appreciate it if you would please provide me a firm date when this check went out. Thanks. olb

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From: Hofmann, Tracy L <tracy.hofmann@uhc.com>

Sent: Saturday, February 11, 2023 4:08 PM To: Orlando L. Blanco <olb@blancopc.com>

Subject: RE: Sugar Land ENT/Joseph Spinks GFL Health & Welfare Benefit Plan.

Mr. Blanco,

The payment is in process, and I am checking in weekly on it in order to update you. I will check again on Monday. Thank you.

Tracy L. Hofmann | Senior Associate General Counsel (office) 952.202.1205 | (email) tracy.hofmann@uhc.com | (web) www.unitedhealthgroup.com

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